

Summer Youth Camps

Limited Places Available

The **Summer Youth Programs** conducted by Devika Singh, Psychologist and Family Life Educator, provides workshops and training in critical life skills. Each workshop combines theory and activities to enhance children's engagement and learning. The emphasis is on learning while having fun. So come join in !

Cost: AED 450/= per workshop

The Happiness Workshop– It's up to me !

Benefits of the program :

- ⇒ Learn the link between thoughts and feelings.
- ⇒ Explore thinking styles.
- ⇒ Challenge negative beliefs.
- ⇒ The value of gratitude and its role in feeling happy.

Through role play, stories and games children will define or re-define their experiences so far and look ahead with optimism.

Age Group : 8-11 years

Date : 4th, 5th & 6th July 2010

Time : 9.30 am –12.00 noon

Age Group : 12-15 years

Date : 7th & 8th July 2010

Time : 9.30 am –1.30 pm



Money Matters Program

Benefits of the program :

- ⇒ Highlights the importance of good financial decisions
- ⇒ Basic principles of the banking system are covered
- ⇒ Most important-How to Save!



Age Group : 12-15 years

Date : 12th, 13th & 14th July 2010

Time : 9.30 am –12.30 pm

Media Awareness Program

Benefits of the program :

- ⇒ Children can become better consumers of media messages and are able to make informed choices about their lifestyle.
- ⇒ Use critical thinking skills to understand consumerism and in turn chose a healthier way of life.

Age Group : 8-11 years

Date : 18th, 19th & 20th July 2010

Time : 9.30 am –12.00 pm

Age Group : 12-15 years

Date : 18th, 19th & 20th July 2010

Time : 2.00 pm – 4.30 pm



Please Contact **Azeemah** to Register